

PROGRAMME: Sacred Space Design Workshop

21 & 22 OCTOBER 2017 Sat: 9am – 4.30pm; Sun: 10am – 5pm

SATURDAY Theme: Foundations & Creating Personal Sacred Spaces

Session 1: 9 – 10.30am (Robina)

Opening Circle (acknowledging directions, place and workshop purpose)

Introductions, programme overview and logistics

Overview: What is Sacred Space? Definition, purposes, uses, some socio-cultural history, some Maori cultural practices

Reflecting on, setting and sharing our **own intentions and purpose** for personal sacred space design (Guenther)

Session 2: 11 – 12.30am (Guenther & Robina)

Permaculture Design principles & processes applied to the creation of sacred spaces (Robina & Guenther)

Illustrated examples of functional sacred spaces, focused on the 4 elements (Guenther & Robina). **The influence of energetics and vibrational frequencies** (Robina)

Session 3: 1.15 – 2.30pm (Robina)

Specific physical **components/features** ('touchstones') for inclusion in sacred spaces

The role of **trees /plants** in sacred space design; plant descriptors for ambience; species

Guided visualisation through the 'touchstones' to identify specific features and their relationship within the whole design you are creating

Session 4: 3 – 4.30pm (Robina & Guenther)

Laying out a replica of our own freshly designed Sacred Space (using representational 'props' eg imagery, symbols, words). **'Guided Tour'** - introduction to each others spaces

SUNDAY Theme: Energy Fields & Transforming Public Spaces

Session 1: 10 – 11.30am (Guenther)

Building **relationship with place, Ways of 'seeing'**

Making **emotional connection** and sources of **inspiration**

Designing for evoking particular **qualities** eg reflection, peacefulness, energy, playfulness, imagination; Creating **expansive spaces** and **contained spaces**

Illustrated examples of public spaces which evoke the sacred

Session 2: 11.45 – 1pm (Robina)

Nature Attunement activity

Earth Energy Techniques: using rods, pendulum and body readouts for mapping existing ley lines, power points, deva spaces, 'auric holes', water line influences etc

Site analysis - combining physical (visible) and energetic (invisible) observations

Session 3: 1.45 – 3.15pm (Guenther & Robina)

Guided **design process exercise** in an actual public space creating sacredness for both people and nature: a broadscale to detailed 'walkthrough' experience

Session 4: 3.30 – 5pm

Stages and technical tips for **implementing** your design (Guenther)

Wrap-up & Feedback, Closing Circle (Robina)