PROGRAMME: Sacred Space Design Workshop

21 & 22 OCTOBER 2017    Sat: 9am – 4.30pm; Sun: 10am – 5pm

SATURDAY     Theme: Foundations & Creating Personal Sacred Spaces

Session 1: 9 – 10.30am  (Robina)
Opening Circle (acknowledging directions, place and workshop purpose)
Introductions, programme overview and logistics
Overview: What is Sacred Space? Definition, purposes, uses, some socio-cultural history, some Maori cultural practices
Reflecting on, setting and sharing our own intentions and purpose for personal sacred space design (Guenther)

Session 2: 11 – 12.30am  (Guenther & Robina)
Permaculture Design principles & processes applied to the creation of sacred spaces (Robina & Guenther)
Illustrated examples of functional sacred spaces, focused on the 4 elements (Guenther & Robina). The influence of energetics and vibrational frequencies (Robina)

Session 3: 1.15 – 2.30pm  (Robina)
Specific physical components/features (‘touchstones’) for inclusion in sacred spaces
The role of trees/plants in sacred space design; plant descriptors for ambience; species
Guided visualisation through the ‘touchstones’ to identify specific features and their relationship within the whole design you are creating

Session 4:  3 – 4.30pm  (Robina & Guenther)
Laying out a replica of our own freshly designed Sacred Space (using representational ‘props’ eg imagery, symbols, words). ‘Guided Tour’ - introduction to each others spaces

SUNDAY     Theme: Energy Fields & Transforming Public Spaces

Session 1: 10 – 11.30am  (Guenther)
Building relationship with place, Ways of ‘seeing’
Making emotional connection and sources of inspiration
Designing for evoking particular qualities eg reflection, peacefulness, energy, playfulness, imagination; Creating expansive spaces and contained spaces
Illustrated examples of public spaces which evoke the sacred

Session 2: 11.45 – 1pm  (Robina)
Nature Attunement activity
Earth Energy Techniques: using rods, pendulum and body readouts for mapping existing ley lines, power points, deva spaces, ‘auric holes’, water line influences etc
Site analysis - combining physical (visible) and energetic (invisible) observations

Session 3: 1.45 – 3.15pm  (Guenther & Robina)
Guided design process exercise in an actual public space creating sacredness for both people and nature: a broadscale to detailed ‘walkthrough’ experience

Session 4: 3.30 – 5pm
Stages and technical tips for implementing your design (Guenther)
Wrap-up & Feedback, Closing Circle (Robina)