SOCIAL PERMACULTURE

Duration: Sun 3 (evening only) - Thurs 7 DEC, 3.30pm.
Tutors: Robin Clayfield, Robina McCurdy, Zev Friedman, Courtney Brooke
Venue: Polam Farm, Manthoor village, Medak district, Telangana (See Logistics PDF for details)

DAILY RHYTHM

(Adjustments may happen in advance by on-the-ground staff)

Breakfast: 7 – 8am
Morning Circle: 8 – 8.30am
Session 1: 8.30 – 10.15am (1 hr 45 mins)

Morning Tea 10.15 – 10.45am
Session 2: 10.45 – 12.30 (1 hr 45 mins)

Lunch: 12.30 – 2pm
Session 3: 2 – 3.30pm (1.5 hrs)

Afternoon Tea: 3.30 – 4pm
Session 4: 4.30 – 6pm (1.5 hrs)

Dinner: 6 – 7pm
Session 5: 7 – 9pm (2 hrs)

1st Evening: 7 – 9pm
Introduction to each other, the programme, our Learning Outcomes, Social PC Gauges
(Robin, Robina, Zev, Courtney)
DAY 1

Session 1  
Social PC Principles – definitions, examples, implications (Robin & Robina)

Session 2  
Establishing our Group Cultural Agreements, plus introduction to various methods of doing this (Robin & Courtney)

Session 3  
Working in Integrity with Different Cultural Groups (Zev, with some input from Robin, Robin & Courtney)

Session 4  
Personal and Social Zones & Sectors (Robin & Courtney)

Session 5  
Pc Principles in Social Spaces & Social PC Blitz – brainstorm, presentation & structured activity (Robina)

DAY 2

Session 1:  
Introduction to Dynamic Groups scope, methods, examples, tools (Robin)

Session 2:  
Lifetime Evolutionary Spiral of a Group overview, demonstration, participatory activity (Robina)

Session 3:  
Wholistic Goal Setting Mandala as a group visioning, alignment and strategic action planning tool – overview, demonstration, mini-experience (Robina)

Session 4:  
Effective Governance & Decision making Practices appropriate options for different situations and needs, including ‘Many Baskets’ method (Robin)

Session 5:  
Social-Cultural Evening activities/games for trust-building group bonding and fun (Courtney & Robin)
DAY 3

Session 1
Co-operation in Business (all 30 minute presentations, including brief Q & A)
(a) Formal – Informal Economy Range & Interface (Robina)
(b) Financial & Labour Systems in Land-based Communities (Zeb & Robina)
(c) Ethically-based co-operative businesses: Principles & Examples - Tui Balmes, NZ (Robina), Occidental Arts & Ecology Centre, USA (Courtney), Living Design, USA (Zev)

Session 2
‘Community Stocktake’ – an engaging method of mapping of what exists, to assess current assets and liabilities (human, environmental, physical, economic), in order to do effective forward planning – group activity (Robina)

Session 3
Group Facilitation & Group Process Skills
facilitating communication; designing out conflict & designing in trust & safety; conflict resolution strategies (penetrating power blocks, dissolving stagnation, culling out ‘dead wood’, healing old wounds) – activities including role-play (Robin)

Session 4
‘Social Design & Development of Ecovillages around the World’ & by ‘How to Start & Sustain an Ecovillage/Co-housing/Intentional Community’ – slideshow presentation Robina

Session 5
The Role of Creative Collective Ritual
(including Deep Ecology processes) for focus, clarity support, energy generation, empowerment and manifestation – presentation and activity (Robin & Zev)

DAY 4

Session 1
Group Composition - presentations & activities (Robina)
(a) Shifting Development Patterns of a Group (forming, storming etc),
(b) Ways Individuals Function within a group (4-elements, Bellbin Roles)
(c) Defining and honouring each person’s role and contribution
(d) Re-newing exising groups, reforming/rebalancing
disfunctional groups, shaping and symbolizing group identity.

Session 2
Social Permaculture Methodology Web Summary – activity (Robin)

Session 3
(1 hr only)
Wrap-up, Feedback, Closing Circle
Complete 3pm