

# 'EARTH- SPIRIT'

Nature Connection Workshop

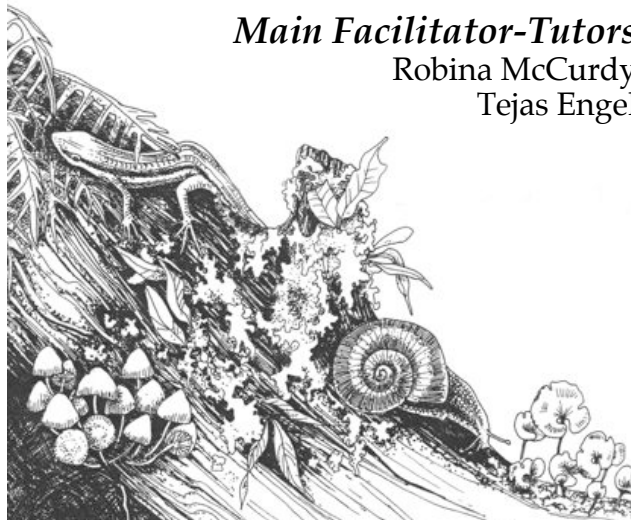
**Fri 29 March  
– Mon 1 April**

**Kauaeranga Valley,  
THAMES**

Our natural learning ground includes pasture and regenerating bush, with a river featuring great swimming holes. Tracks weaving through the bush lead to some beautiful groves. There are community gathering sites on the flat lands, and at the high points there are wonderful vista views – especially of Table Mountain.

**Main Facilitator-Tutors**

Robina McCurdy  
Tejas Engel



## DESCRIPTION

'**Earth-Spirit**' is a combination of workshop and retreat, being a guided experience of immersion into the natural world.

The intention is to deepen and empower personal connection with the spirit of the land, in a life sustaining way.

This includes sharing practical skills to enable participants to be co-creators of sacred land spaces and effective agents of positive cultural change, guided by the underlying wisdom of Nature.

## CONTENT

*Each day includes:* early morning attunement (eg yoga/meditation), experiential activities, knowledge sharing, guided nature walks, cultural activity, alone time, hands-on skills. During the weekend, we will cover the following themes, some as a basic introduction, some in greater depth.

### *Personal Healing & Wisdom*

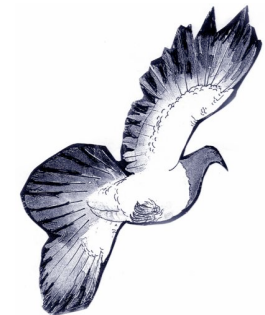
- Eco-literacy – 'reading the land', familiarization with local ecology
- Sensory awareness skills to listen to the needs and wisdom of the land
- Working with nature as teacher/guide
- Wildcrafting - identifying, harvesting and eating from the wilderness
- Relating Earth as healer/empowerer
- Creating a 'personal seasonal calendar'

### *Cultural Healing & Wisdom*

- Deep ecology – philosophy, experience, practical application
- Rebuilding culture rooted in Nature
- Nature's cycles, rhythms and patterns
- Cultivating kaitiakitanga (stewardship/guardianship)
- Ceremonies/rituals to deepen with the 4 elements
- Laying out and working with a Medicine Wheel
- Experiencing a sacred Sweat Lodge blending Native American Indian traditions with the Spirit of Aotearoa

### *Environmental Healing & Wisdom*

- Landuse design with and for Nature
- Dowsing, mapping and working with earth-energy fields
- Creating and utilising Sacred Spaces within any landscape



## FACILITATORS BACKGROUNDS

**Tejas Engel** has an extensive mainstream academic education in physics, electronics and engineering, and through his own exploration and research, has come to a deep understanding of the invisible energies behind these sciences. His studies and experiences have extended him into wider parallel dimensions such as astrology, metaphysics, dowsing, geomancy, shamanism, healing, and lightwork on sacred sites and ley lines. More than 30 years of synchronised and mythical journeys have led Tejas to a deep understanding of etheric forces and zero-point energies, and a passion for bringing in new forms of 'Free Energy'. has brought him to a humble sense of place within a much bigger spectrum of beings we share this world with, and consequently a commitment to communicate and harmonise with the unseen energies and co-create paradise on earth.

**Robina McCurdy** is an international facilitator-educator in integrated land-use design (permaculture), with application to households, neighbourhoods, schools, farms, ecovillages and bioregions. Her special gift is in creating and facilitating participatory processes which connect nature and culture. Robina is a founder-member of Tui Community and Land Trust, and the pioneer of the global programme S.E.E.D. (Schools Environmental Education & Development) and foundee-Trustee of Earthcare Education Aotearoa. Currently she works nationally as a Local Food Resilience facilitator, as well as teaching permaculture and facilitating community landuse projects. Re-connection with nature is core to all of Robina's work, which often includes some of the wisdom and tools she practices personally and will share in this workshop.

## LOGISTICS & REGISTRATION

### Timing

Start 4pm, Fri 29<sup>st</sup> March  
Complete 2pm, Mon 1<sup>st</sup> April 2013.

**Arrival/Registration:** 2 – 4pm Fri 29 March.

### Food

Bring your own breakfast, and plenty of all types of food to share together for the duration - vegetarian focus.

### Accommodation

Bring your own tent or camping vehicle. Marae style sleeping is also possible in the communal barn or the tipi.

### Transport

Driving to Thames or flying to Auckland Airport, with flight synchronizing with Naked Bus from there direct to Thames. Directions to venue given with Participants Mailout, upon registration.

**COST:** Income based sliding scale of \$375 - \$75 (not inclusive of food)

*High end* - well-waged employed / self employed  
*Low end* - unwaged / students

It is your responsibility to decide your position within that range and give generously within your means. We trust that your decision will be made with integrity, honouring the wealth of experience the facilitators bring, as well as the bounty of land hosting us.

NB: No discounts or work exchange available.

### To Register

Send \$50 deposit (or full amount), together with your name and contact details, by Fri 22 March. Remainder payable on arrival.

**Payment Details:** By cheque or direct deposit (please include your name on the bank deposit.)

Deposit to:

*Institute of Earthcare Education Aotearoa  
Westpac, Takaka  
Account No: 03-1711-0051394-03*

Cheques written out to: *Earthcare Education Aotearoa.*  
*Postal Address: 'Earth-Spirit' Workshop,  
Earthcare Education Aotearoa, C/o Tui  
Community, Wainui Bay, RD1, Takaka 7183*

NB: No credit card facility.

**Further Details:** Sent upon enquiry & registration (eg what to bring, travel details).

### Enquiries & Registration:

*Registration:* earthcarenz@gmail.com

### Enquiries:

*re Program:* 0220 668 577 (Robina)  
*re Venue:* Ph: 07 868 3394 (Eban)

